

*USUI –GRAY INTEGRATED REIKI SYSTEM®*  
**John Harvey Gray and Lourdes Gray, Ph.D.**,  
48 Dolly Lane, Rindge, NH 03461  
(603) 899-3288 fax (603) 899-6011

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**Maha-mrityunjaya mantra**  
(muh-HAH-mrit-yoon-juh-yuh)

**{The great-victory-over-Death mantra}**

**This mantra is a life-giving mantra. This mantra wards off deaths from accidents of all descriptions. It is a weapon against all diseases. It bestows health, long life, peace, wealth, prosperity, satisfaction, and immortality.**

**Om Tryambakam yajamahe**

(ohm truh-yuhm'-buh-kuhm yuh-JAH-muh-hey')

**Sugandhim pushti vardhanam**

(suh-guhnd-him'-push'tee vuhrd-huh-nuhm')

**Uruvarukamiva handhanan**

(oo-roo-VAH-roo kuh-mee'vuh buhnd-huh-NAHN)

**Mrityor muksheeya mamritat**

(mriht-yohr'-mook-SHEE-yuh MAHM-rih-THAT)